



Gallery of Cosmetic Surgery

Surgery Preparation:

An eyelid surgery procedure may last approximately one to two hours, depending on the extent of treatment. Prior to the start of your procedure, the treatment area will be cleansed and local anesthesia will be administered. The procedure will most likely be performed under local anesthesia with sedation, in which the eyelids and surrounding areas are numb and you are in a relaxed state. Alternatively, the physician may choose to administer general anesthesia, in which you are asleep.

To reduce bruising and swelling, it is recommended to start Arnica Montana one week prior to your procedure and continue for one week after.

Please pay close attention to the herbal pills, vitamins, and medications that need to be discontinued two weeks prior to your procedure.

Eyelid Surgery Recovery:

As with any surgical procedure, you will likely experience some discomfort, swelling, and bruising which can be alleviated with cold compresses and pain medication. Non-absorbable sutures are typically removed in five to seven days, and you will begin to notice an improvement in the bruising around your eyes less than seven days. Although you will feel well enough to return to work in approximately a week, you should continue to avoid strenuous activity such as heavy lifting or exercise for at least two weeks following the procedure.

Eyelid Surgery Results:

You will start to notice the results from your procedure within a few days as the bruising and swelling continue to fade. While you will have small incisions, they are usually well hidden by the contours of the eyelid. The incisions may be slightly red at first but will fade over a couple of weeks. While the results of an eyelid surgery are long-lasting, it is important to realize that your face will continue to age. However, eyelid surgery can successfully restore a youthful, revitalized appearance to your eyes for years to come.

Post operative:

If any Steri-strips are applied, please do not remove them.

If your lower lid surgery is performed with incision inside (Transconjunctal), please use your antibiotic eye drops twice a day.

You may apply Lacrilube to your eyes at nights to keep them moist at nights.

If you have any question after your surgery, please call Dr. Sadati (949) 435-8101